

# General Sizing Chart

## Heavy Cotton HD™ T-Shirt

### ADULT General Sizing Guide

Size	S	M	L	XL	2XL
Chest	34"-36"	38"-40"	42"-44"	46"-48"	50"-52"
Waist	29"-32"	32"-35"	35"-38"	38"-41"	41"-44"

## Heavy Cotton HD™ Ladies' T-Shirt

### LADIES' General Sizing Guide

Size	S	M	L	XL	2XL
Numeric Size	4-6	8-10	12-14	16	18-20
Bust	35"-36"	37"-38"	39"-41"	42"-44"	45"-47"
Waist	26"-27"	28"-30"	30"-32"	33"-35"	36"-38"
Hip	35"-37"	37"-39"	39"-41"	42"-44"	45"-47"

These general sizes apply to Gildan clothing. While clothing is not specified this size chart represents many of the men's and ladies size clothing we retail. For specific measurements please contact customer service at 1-888-588-6353.